

# CPD accredited, high-quality clinical and mandatory training for nurses

Supporting your career development and preparing for your leading role in the future of the NHS – join us to:

- ◆ Raise the profile of your profession
- ◆ Update your clinical skills
- ◆ Understand new opportunities for nursing in the digital age
- ◆ Meet your mandatory training requirements
- ◆ Be updated on the implementation of national policy for nursing

**PLUS**, clinical updates covering asthma, COPD, diabetes, sexual and travel health, vaccination and more!

Secure education bursaries for you and your team!

[www.bestpracticeshow.co.uk/T1NURSE](http://www.bestpracticeshow.co.uk/T1NURSE)  
0207 013 4687

Team learning

Free high-quality CPR and mandatory training

12 CPD Points

Update your core clinical skills







  
**Best Practice in Nursing**  
17-18 October 2018  
Birmingham NEC



# Conference Timetable by Stream: Wednesday 17<sup>th</sup> October

## NURSE CLINICAL UPDATES

09:10 09:40	What's new in asthma (general) update <b>Beverley Bostock-Cox</b> , Clinical Lead, Education for Health, Committee Member, Primary Care Cardiovascular Society	Nursing Theatre 2
10:20 10:50	Session title coming soon  <i>Sponsored By:</i> 	Nursing Theatre 2
10:30 11:00	Session title coming soon  <i>Sponsored By:</i> 	Nursing Theatre 1
11:30 12:00	Update on contraception for nurses <b>Dr Paula Briggs</b> , Consultant in Sexual and Reproductive Health, Southport and Ormskirk Hospital NHS Trust	Nursing Theatre 2
13:15 13:45	Menopause and HRT: What is all the fuss about? <b>Dr Louise Newson</b> , GP and Menopause Specialist, Newson Health Ltd	Nursing Theatre 1
13:45 14:15	Implementing osteoarthritis clinical guidelines to UK general practice nurses <b>Dr Andrew Finney</b> , Research Fellow and Lecturer of Nursing, Keele University  <i>Sponsored By:</i> 	Nursing Theatre 2
14:35 15:05	A practical guide on the shingles immunisation programme in England <b>Pauline MacDonald</b> , Independent Nurse Consultant, Infection Matters Ltd  <i>Sponsored By:</i> 	Nursing Theatre 1

## THE FUTURE OF NURSING

09:10 09:40	<b>The reality of nursing in England</b> <b>Lara Carmona</b> , Associate Director of Policy and Public Affairs (UK & International), Royal College of Nursing	Nursing Theatre 1
09:50 10:20	<b>Igniting the passion in nursing</b> <b>Paul Vaughan</b> , Director of Nursing - Transformation, NHS England	Nursing Theatre 1
12:20 12:50	<b>How will practice nurses and patients benefit from group consultations?</b> <b>Dr Fraser Birrell</b> , Consultant and Senior Lecturer in Rheumatology, Newcastle University; <b>Louise Brady</b> , Primary Care and Community Nurse lead, Greater Manchester Health and Social Care Partnership	Nursing Theatre 1
13:50 14:20	<b>Personalised Care – Making it happen</b> <b>Michelle Mello</b> , Clinical Lead, Personalised Care Group, NHS England; <b>Gilly Lee</b> , Advanced Nurse Practitioner and Professional Lead Community Matron Service, Manchester Local Care Organisation	Nursing Theatre 1


## ADVANCED PRACTICE

11:05 12:05	<b>An advanced clinical practice in CVD</b> <b>Beverley Bostock-Cox</b> , Clinical Lead, Education for Health, Committee Member, Primary Care Cardiovascular Society	Nursing Theatre 1
12:40 13:25	<b>Dietary advice for people with Type 2 Diabetes: There is no such thing as a diet for diabetes... or is there?</b> <b>Jane Diggle</b> , Practice Nurse with an interest in Diabetes, Church View Health Centre, South Kirkby, West Yorkshire	Nursing Theatre 2

## MANDATORY TRAINING

09:45 10:15	<b>Mandatory Training: Adult Immunisation</b>  <i>Delivered By:</i> 	Nursing Theatre 2
12:05 12:35	<b>Mandatory Training: Childhood Immunisation</b>  <i>Delivered By:</i> 	Nursing Theatre 2
16:10 16:40	<b>Anaphylaxis skills update</b>  <i>Delivered By:</i> 	Nursing Theatre 1
16:50 17:20	<b>Mandatory Training: Infection prevention and control</b> <b>David Jones</b> , Senior Infection Prevention Practitioner, Birmingham and Solihull Clinical Commissioning Group	Nursing Theatre 1

## CLINICAL SKILLS

14:25 14:55	<b>Inhaler devices update - current thinking and what is new</b> <b>Dr Steve Holmes</b> , General Practitioner, The Park Medical Practice, Shepton Mallet	Nursing Theatre 2
15:15 16:00	<b>Injectable devices for insulin and GLP-1 practical workshop</b> <b>Beverley Bostock-Cox</b> , Clinical Lead, Education for Health, Committee Member, Primary Care Cardiovascular Society	Nursing Theatre 1
16:10 16:40	<b>Anaphylaxis skills update</b>  <i>Delivered By:</i> 	Nursing Theatre 1
17:00 17:30	<b>Dermatology prize picture quiz - skin rashes</b> <b>Dr Tracey O'Shea</b> , Community Dermatology Clinical Lead, Modality Partnership	Nursing Theatre 2

## FUTURE OF GENERAL PRACTICE

09:05 09:10	<b>Welcome</b> <b>John Stapleton</b> , Award-Winning Presenter/Journalist	Keynote Theatre
09:10 09:40	<b>Opening Keynote Address: The place of general practice in the NHS long-term plan</b> <b>Dr Richard Vautrey</b> , Chair, BMA's GP Committee	Keynote Theatre
09:50 10:40	<b>Keynote Debate: What next for general practice?</b> <b>Dr Jonathan Leach</b> , General Practitioner, Davenal House Bromsgrove, Joint Honorary Secretary, RCGP; <b>Dr Nikita Kanani</b> , Deputy Medical Director of Primary Care, NHS England; <b>Dr Richard Vautrey</b> , Chair, BMA's GP Committee; <b>Dr Zoe Norris</b> , Chair of the Sessional Subcommittee, GPC UK	Keynote Theatre
10:50 11:20	<b>Digital disruption in general practice - opportunities now and in the future</b> <b>Sam Shah</b> , Director of Digital Development, NHS England	Keynote Theatre
12:00 12:30	<b>Do new models of care demand new structures?</b> <b>Justin Cumberlege</b> , Partner and Head of Primary Care, Cripps LLP  <i>Sponsored By:</i> 	Practice Management Theatre
12:10 12:40	<b>Delivering Primary Care at scale – the ingredients!</b> <b>Dr Hasnain Abbasi</b> , MBBS DRCOG MRCCGP PGCertMedEd, GP Founder, Director, AT Medics	Keynote Theatre
16:30 17:00	<b>Group Consultations – how do I get started?</b> <b>Dr Fraser Birrell</b> , Consultant, Senior Lecturer in Rheumatology, Newcastle University; <b>Louise Brady</b> , Primary Care and Community Nurse Lead, Greater Manchester Health and Social Care Partnership	Keynote Theatre

## NAPC ANNUAL CONFERENCE

13:40 14:20	<b>Welcome</b> <b>Dr Nav Chana</b> , Director, National Association of Primary Care (NAPC); <b>Matthew Swindells</b> , National Director: Operations and Information, NHS England	Keynote Theatre
14:30 15:00	<b>The ICS - can it deliver?</b> <b>Dr Karen Kirkham</b> , Clinical Lead for Primary Care, Dorset Integrated Care System; <b>Dr Nina Pearson</b> , GP Lead, Bedfordshire, Luton and Milton Keynes (BLMK) Integrated Care System; <b>Dr Claire Fuller</b> , Senior Responsible Officer, Surrey Heartlands Health and Care Partnership; <b>Stephen Dorrell</b> , Chair, NHS Confederation	Keynote Theatre
15:10 15:40	<b>Primary and acute care breaking down the barriers</b> <b>Susan Acott</b> , Chief Executive, East Kent Hospitals NHS University Foundation Trust; <b>Jane Wilson</b> , Medical Director, Kingston Hospital NHS Foundation Trust; <b>Dr. James Morrow</b> , GP, Managing Partner and Lead, Granta and Shelford Primary Care Home	Keynote Theatre
15:50 16:20	<b>Surviving winter all year long</b> <b>Dr Ash Peshen</b> , GP and Lead, Thanet Health CIC Primary Care Home; <b>Ash Soni OBE</b> , President, Royal Pharmaceutical Society	Keynote Theatre






## BEST PRACTICE IN DIABETES

11:30 12:00	<b>Turning the tide of Type 2 Diabetes – the healthier you: NHS Diabetes Prevention Programme</b> <b>Dr Chirag Bakhai</b> , GP and Primary Care Advisor, NHS Diabetes Programme, NHS England	Keynote Theatre
12:40 13:25	<b>Dietary advice for people with Type 2 Diabetes: There is no such thing as a diet for diabetes... or is there?</b> <b>Jane Diggle</b> , Practice Nurse with an interest in Diabetes, Church View Health Centre, South Kirkby, West Yorkshire	Nursing Theatre 2
15:15 16:00	<b>Injectable devices for insulin and GLP-1 practical workshop</b> <b>Beverley Bostock-Cox</b> , Clinical Lead, Education for Health, Committee Member, Primary Care Cardiovascular Society	Nursing Theatre 1



**8 DEDICATED STREAMS TAILORED TO PRACTICE AND COMMUNITY NURSES!**

# Conference Timetable by Stream: Thursday 18<sup>th</sup> October


NURSE CLINICAL UPDATES		
09:10 09:40	<b>CPD Update</b> <b>Beverley Bostock-Cox</b> , Clinical Lead, Education for Health; Committee Member, Primary Care Cardiovascular Society	Nursing Theatre 1
09:50 10:20	Session title coming soon <i>Sponsored By:</i> 	Nursing Theatre 1
09:55 10:25	<b>Delivering the nine care processes for Type 2 Diabetes</b> <b>Dr Kevin Fernando, FRCGP FRCP Edin. FAcadMed MSc Diabetes</b> , GP Partner, North Berwick Health Centre, GPwSI Diabetes & Medical Education, Scottish Lead of the Primary Care Diabetes Society	Nursing Theatre 2
10:30 11:00	Travel Health <i>Delivered By:</i> 	Nursing Theatre 1
11:15 11:45	<b>Cervical Screening – why is our uptake falling?</b> <b>Dr Aamena Salar</b> , GP with Specialist Interest in Gynaecology, Modality Partnership	Nursing Theatre 2
11:55 12:25	A practical guide on the shingles immunisation programme in England <b>Pauline MacDonald</b> , Independent Nurse Consultant, Infection Matters Ltd <i>Sponsored By:</i> 	Nursing Theatre 2
13:05 13:35	<b>Hot topics' Primary Care Nurse course – Taster session</b> <b>Dr Siobhan Becker</b> , GP Presenter and Author - NB Medical 'Hot Topics' Primary Care Nurse Course, NB Medical Education <i>Sponsored By:</i> 	Nursing Theatre 1
15:40 16:10	Flu, pneumococcal and shingles update <i>Delivered By:</i> 	Nursing Theatre 1

THE FUTURE OF NURSING		
09:15 09:45	<b>The District Nursing Service – 'What good looks like'</b> <b>Dr Crystal Oldman, RN RHV, CBE</b> , Chief Executive, The Queen's Nursing Institute	Nursing Theatre 2
13:00 13:30	<b>Nursing in the Digital Age – implications of the QNI 2018 report</b> <b>Dr Crystal Oldman, RN RHV, CBE</b> , Chief Executive, The Queen's Nursing Institute	Nursing Theatre 2

ADVANCED PRACTICE		
11:20 12:20	<b>Advanced practice in respiratory</b> <b>Beverley Bostock-Cox</b> , Clinical Lead, Education for Health, Committee Member, Primary Care Cardiovascular Society	Nursing Theatre 1

MANDATORY TRAINING		
13:45 14:45	<b>Mandatory Training – Health &amp; Safety for General Practice &amp; Community Nurses</b> <b>Alex Daw</b> , Director, WorkSafe Health & Safety Training Ltd	Nursing Theatre 2
14:55 15:55	<b>Mandatory Training: Safeguarding Children</b> <b>Eileen Welch</b> , Safeguarding Nurse Specialist, Midland Safeguarding Limited; <b>Debbie Brown</b> , Safeguarding Nurse Specialist, Midland Safeguarding Limited	Nursing Theatre 2

CLINICAL SKILLS		
13:40 14:20	<b>Patient first in spirometry interpretation</b> <b>Chris Loveridge</b> , Spirometry Education Lead/Primary Care Nurse, Education for Health	Nursing Theatre 1
14:25 15:25	Session title coming soon <i>Sponsored By:</i> 	Nursing Theatre 1

FUTURE OF GENERAL PRACTICE		
09:05 09:10	<b>Welcome</b> <b>John Stapleton</b> , Award-Winning Presenter/Journalist	Keynote Theatre
10:10 10:40	<b>A tectonic shift in the general practice landscape - the risks and challenges</b> <b>Dr Michelle Drage</b> , Chief Executive, Londonwide LMCs, Londonwide Enterprise Ltd	Keynote Theatre
11:30 12:00	<b>Update on data protection law and confidentiality</b> <b>Dr Carol Chu, MB, ChB, MSc (Medical genetics), MD, MRCP, MPhil (Medical Law) DLM</b> , Medico-Legal Adviser, Medical Defence Union <i>Sponsored By:</i> 	Keynote Theatre
12:10 12:40	<b>GP Partnership Review Live – have your say</b> <b>Dr Nigel Watson, MBE MB BS FRCGP DCH DRCOG</b> , Chief Executive, Wessex Local Medical Committees Ltd and Independent Chair, GP Partnership Review, Department of Health and Social Care	Keynote Theatre
13:10 13:40	<b>The future of primary care regulation</b> <b>Professor Steve Field</b> , Chief Inspector of General Practice, Care Quality Commission	Keynote Theatre
14:30 15:00	<b>Working at scale - the benefits and tips for success</b> <b>Dr Robert Varnam</b> , Clinical Lead for Primary Care Transformation, Sustainable Improvement Team, NHS England	Keynote Theatre

NAPC ANNUAL CONFERENCE		
09:10 10:00	<b>Primary care homes making an impact</b> <b>Dr Steve Kell OBE</b> , GP Partner and Lead, Larwood and Bawtry Primary Care Home; <b>Dr Philip Waltek</b> , GP and Lead, Lewes Primary Care Home; <b>Professor James Kingsland OBE</b> , President, National Association of Primary Care (NAPC); <b>Dr Stewart Smith</b> , GP and Lead, St Austell Healthcare Primary Care Home	Keynote Theatre
13:50 14:20	<b>The future of primary care as the NHS turns 70</b> <b>Dominic Hardy</b> , Director of Primary Care Delivery, NHS England; <b>Dr Michelle Drage</b> , Chief Executive, Londonwide LMCs, Londonwide Enterprise Ltd; <b>Dr Nav Chana</b> , Director, National Association of Primary Care (NAPC); <b>Professor Ian Cummings OBE</b> , Chief Executive, Health Education England	Keynote Theatre
15:10 15:40	<b>Wellness not illness</b> <b>Dr Mark Spencer</b> , GP and Lead, Fleetwood Primary Care Home and Jeremy Hughes, Chief Executive, Alzheimer's Society	Keynote Theatre

BEST PRACTICE IN DIABETES		
09:15 09:45	<b>Top tips from modelling diabetes Best Practice in Primary Care</b> <b>Adam Smith</b> , Consultant, Service Redesign and Improvement Consultancy at Diabetes UK	GP Clinical Theatre 2
09:55 10:25	<b>Delivering the nine care processes for type 2 diabetes</b> <b>Dr Kevin Fernando, FRCGP FRCP Edin. FAcadMed MSc Diabetes</b> , GP Partner, North Berwick Health Centre, GPwSI Diabetes & Medical Education, Scottish Lead of the Primary Care Diabetes Society	Nursing Theatre 2
09:55 10:25	<b>Preventing CVD complications in Diabetes</b> <b>Beverley Bostock-Cox</b> , Clinical Lead, Education for Health, Committee Member, Primary Care Cardiovascular Society	GP Clinical Theatre 2
10:30 11:00	<b>Diabetes Masterclass: Session title coming soon</b> <i>Sponsored By:</i> 	GP Clinical Theatre 1
11:10 11:40	<b>Lifestyle management of those with Pre-diabetes &amp; Type 2 Diabetes</b> <b>Dr Kevin Fernando, FRCGP FRCP Edin. FAcadMed MSc Diabetes</b> , GP Partner, North Berwick Health Centre, GPwSI Diabetes & Medical Education, Scottish Lead of the Primary Care Diabetes Society	GP Clinical Theatre 1
14:25 15:25	Session title coming soon <i>Sponsored By:</i> 	Nursing Theatre 1
15:40 16:10	<b>De-prescribing in the elderly with multiple long-term conditions</b> <b>Dr Kevin Fernando, FRCGP FRCP Edin. FAcadMed MSc Diabetes</b> , GP Partner, North Berwick Health Centre, GPwSI Diabetes & Medical Education, Scottish Lead of the Primary Care Diabetes Society	GP Clinical Theatre 1

\* This conference is supported by educational grants from various companies who have not influenced the meeting content or the choice of speakers. Sponsors have not had any input into the programme except where an individual session states it's sponsored. The session topic and speaker have been developed by each sponsoring company. By attending these sessions you are agreeing to sponsors receiving your registration data. To revoke consent of your details being shared after your badge has been scanned, please visit Registration. Programme correct at time of print.



## SECURE EDUCATION BURSARIES WORTH £699<sup>+VAT</sup> FOR YOU AND YOUR TEAM!

[WWW.BESTPRACTICESHOW.CO.UK/T1NURSE](http://WWW.BESTPRACTICESHOW.CO.UK/T1NURSE) • 0207 013 4687

# Booking Form

Education bursaries for you and your whole team.



Best Practice in Nursing conference passes are worth £699+VAT but you can book up to ten complimentary passes for your team by completing this form. If you require more, please contact us.

Two simple steps to register you and your team!

- ◆ **EMAIL** Scan the form and return to Breiman at [b.munoz@closerstillmedia.com](mailto:b.munoz@closerstillmedia.com) Alternatively please email Breiman for an electronic version of the registration form.
- ◆ **PHONE** Simply call **0207 013 4687** and we'll be able to book you and your team.

Team Learning

12 CPD Points

Free Quality Training

## YOUR DETAILS

<b>ORGANISATION</b>				
<b>ADDRESS</b>				
<b>POSTCODE</b>				
<b>TELEPHONE</b>				
TITLE	FIRST NAME	SURNAME	JOB TITLE	UNIQUE EMAIL ADDRESS
			Practice Nurse	
			Practice Manager	
			GP	

I understand that if I do not attend and do not cancel my place by 5th October 2018 I am liable for the £99 cancellation fee. Your pass will be free even if you only attend for a few hours on one day of Best Practice in Nursing.

Limited education bursaries available for GPs, Practice Managers and Nurses.  
[www.bestpracticeshow.co.uk/T1NURSE](http://www.bestpracticeshow.co.uk/T1NURSE) • 0207 013 4687